



SPOKE & FELLOE

INNER WHEEL NEW ZEALAND DISTRICT NZ297
JUNE 2021



District Chairman Judy Kingsbury writes:



The time has come to hand over the Chain of Office to Vice Chairman Barbara Chapman and I do so with my best wishes to Barbara and her team, which I am delighted to say is a full team with the great news that we have a Vice Chairman in Diane Ladd and an ISO in Myra Brown. Well done

I would like to thank sincerely my team of Helen Faulkner, Barbara Chapman, Val Morgan, Cecile Pierce and Carol Haskett, (who replaced Sharon Martin) for all their work and support over the last year. It is greatly appreciated.

There have been many highlights throughout the year, particularly making new friends and rekindling old friendships and of course the great Conference in Queenstown. I have to say it was a very enjoyable and happy time last weekend, with the District Meeting, AGM and Friendship Dinner/Changeover on Saturday, here in Ashburton.

Our wonderful ladies from the Ashburton Club did an amazing job of catering for our lunch and afternoon tea and our speaker Dr Anibal Martinez was certainly one we enjoyed. Partners also enjoyed a happy time and wonderful meal at Lake Hood, before joining the ladies to hear our speaker.

Our entertainment at the Friendship Dinner was a Box Auction, which was well supported, and our great auctioneer Rodger Letham, extracted approximately \$500 which has been donated to Ronald McDonald House in Christchurch, as an acknowledgement of the wonderful work they do and especially for the people of Ashburton, who frequently use it.

In conclusion, I would like to quote from Anibal's speech on Saturday. 'Italian food, red wine, social contact and eating together at a table, without electronic devices, all helps you to live a longer and healthier life.'

Yours in Inner Wheel friendship

Judy Kingsbury.

District NZ297 Chairman 2020-21

NZ297 DISTRICT MEETING

ASHBURTON

SATURDAY 12th JUNE 2021



Guest Speaker Dr Anibal Martinez a locum in Ashburton sharing a moment with NZ297 District Chairman Judy



IWC Blenheim were the proud winners of the Migration Trophy



Congratulations & Thanks
District Chairman 2020-21
Judy Kingsbury
District Chairman 2021-22
Barbara Chapman
Dist. Vice Chairman 2021-22
Diane Ladd



At the Changeover, IWC Riccarton Co-President Hannie de Beer presented incoming Chairman Barbara with a lovely Cyclamen

KITS FOR KINDYS Another successful District ISO Project completed!

Acknowledgement (slightly abridged) received on 15th March 2021

Thankyou so much for the wonderful kits. They landed in Santo last week (March 15th) It has been a slow journey with delays, with the departure held upto January, and then being transhipped in Fiji. But they are here and I am blown away with the quality and quantity of resources you have managed to fit into the kits. Truly fantastic!

I am already busy preparing them for travel and today I was preparing 14 kits to go inland to Santo and West Coast Santo.

We are focusing our help on the areas that suffered damage from cyclone Harold and some of these areas are quite remote.

They will travel on a truck with the National Co-ordinator to a village in south Santo, from there they will be given to the mobile ECCE Officer who will transport them to the Kindy's.

Some will go by truck, some will be taken on foot as there is no road or track for a vehicle. So you can imagine the excitement of receiving these wonderful resources for the teacher and more so the pikinini, fantastic.

Today I met a Kindy teacher from the Big Bay Bush area northern Santo, this is a 3 hour drive as we have had more rain today so the roads are not easy, no tarseal once you reach the edge of town. (11 to go to North West Coast, 7 for South West coast.)

I am so thankful to you all for your support and commitment to this project, this has been amazing as it has enabled us to be able to help the Kindy's in this way.

Warm regards

Sue Mitchell

Founder/CEO Pacific Pathways NZ.

W: pacificpathways.org.nz: Ph: +678 5962629

District NZ297
Kits for Kindys
arrived safely in
Vanuatu and were
awaiting delivery



There have been many positive comments and stories told of the recent IWNZ Conference held in Queenstown, and by far the best published report is the **CONFERENCE OVERVIEW**, put together by IWNZ Editor Hannie de Beer. From start to finish a visual and informative magazine.

If you haven't seen or received it by email yet, please ask your Club Secretary to forward you a copy, it's a 'must read'.



District NZ297 members and delegates.



Keynote Speaker Lisa O'Neill with our District Banner. Lisa recommends seven minutes of complete silence every day to re-charge. Something we all can do.



DISTRICT NZ297 has nine Clubs, reaching from Motueka, at the top of the south, and Stoke-Tahunanui, to close neighbour Blenheim to the east, then Christchurch to Ashburton in South Canterbury. A wide, spread out, geographical area.

It is a privilege to publish their reports, as each Club has a long history of giving impressive and innovative charitable service within their communities, and further afield. Obviously, friendship is the key when working together to fulfil individual projects. This newsletter records another part of your history.

Cecile Pierce Ed.

ASHBURTON

It has been great to have uninterrupted meetings for the past six months. We held a very successful fund-raising Christmas Dinner at Carol Haskett's home in December which was well attended by members and partners. We were also thrilled to hear our newly formed Ukulele Group perform for the first time at this dinner. Members brought a Christmas parcel for the 'Children being raised by Grandparents' organisation.



As well as our monthly meetings, and monthly social catch up at a local café, our social groups of Walking group, Ukulele Group and Knitting/Stitching Group are proving very popular with great fellowship among members.

In March there was a full bus of members and partners for a Mystery bus Trip organised by Alison and Jeanette. A fun day was enjoyed by all that went and many miles travelled.



Over the past six months we have welcomed five new members and awarded an Honorary Active Membership to Eileen Ward and Melva Brown, both longstanding members of our club.

AVONHEAD

Members of the Inner Wheel Club of Avonhead have been active during the past six months with continuing to support Age Concern and Look Good Feel Better with morning and afternoon tea, and have also catered morning tea for the Rotary Club of Avonhead Garage Sale. We have donated sleepwear to 'Good Night Sleep Tight' and collected for Child Cancer.



Our membership has remained steady at 21 and we had the pleasure of inducting a new member at our March meeting. In February we had an interesting talk from Mary Lynch, a former Principal of Villa Maria College for 20 years. Mary entertained us by speaking about her early days in Dublin when Gaelic was taught in schools and her teaching career which took her around New Zealand.

In March we visited the NZ Spinal Trust at Burwood Hospital where we were given a most informative and interesting address by CEO Hans Wouters about their work with patients who have suffered spinal injuries. We were all inspired and privileged to have Meika join us as well, as she spoke about her own personal journey of learning to live with a spinal injury since 17 years of age.



Now Meike is such an amazing young wife and mother and back working alongside patients in the spinal unit as a Vocational Rehabilitation and Peer Support consultant. In April we learned about the organisation 'Sweet Louise' who specifically support those with advanced incurable breast cancer. In May we celebrated our 37th Birthday with our husbands, for lunch at the Tai Tapu Hotel.

We shall be ending the year in June with a Movie Outing.

BLLENHEIM

This is our President Mukherjee down in Stewart island when she met up with no other than Nadia Lim our own New Zealand Chef.

This was an invitation to attend Pink Ribbon Day Luncheon by Sharon Martin from the Stoke Tahunanui Club. This was enjoyed by us all with the two speakers giving an excellent account on their chosen subject.

There was a photo and article in the Newspaper showing the Blenheim ladies and the Cancer Shop promoting the great need for the Heart Pillows they make, and have sewn for many years for the Cancer Society.

And we had a winning photograph in the IWNZ photograph competition held earlier this year. It shows IWNZ President Dot Anderson-Lee with Honorary Member Welly Munro. (see both photos in the June edition of Inner Link ed.)



CHRISTCHURCH WEST

Over the last six months the ladies of Christchurch West have not only been busy fund raising with the annual Sausage Sizzle in March, but we have also been busy socialising.

The first lunch was at Riccarton House, and again a couple of months later when we travelled to Kaiapoi by bus and car for lunch by the river, and time for the all important shopping. That was followed recently by lunch at Mona Vale.

One of our clever members Barbara has made some beautiful 'Friendship Quilts' which are loaned to members who are ill, recovering from surgery or have suffered a recent bereavement to remind them of the support and friendship in Inner Wheel members.



MOTUEKA

Highlights for our club include a very successful Garage Sale and celebrating International Day with a fascinating speaker, Marie Tate, talking about her adventures as a 22 year old completing the Mongol Derby, the world's longest and toughest horse race. We completed the afternoon with an international tea, the table was groaning under the weight of an amazing selection of goodies made by our hostesses from recipes all over the world.

Further highlights included another speaker, Wendy Smith from the Motueka i-Site enthralling us with stories and pictures of her passion, skydiving. Wendy set the New Zealand record for the highest skydive of 25,000 feet in the summer of 2018. We also recently visited the Golden Bay Fruit Packhouse, for a noisy, fascinating and highly informative tour.

We have had numerous coffee and lunches together as well as hosting a number of charity quizzes, none of which the club table has won unfortunately. We have also been busy knitting for Nelson SCBU, making heat packs for the Brain Tumour support group's 'Brain Boxes' and heart cushions for the Cardiac department and for the Breast Cancer group.



OTAUTAHI CANTERBURY

At Otautahi Canterbury, the past few months I can't say we have tackled anything big or exciting, but that does not mean we have been passive.

Our members have been diligently working away at the supply of Beads of Courage bags for Kids Cancer, and Knitted Knockers and boxes of aluminium bottle tops and cans have been dropped off for the Kids Can fundraiser

We have enjoyed a social get together at Dix Dine, and been entertained by some fabulous ordinary people that are achieving the extraordinary in our community.

The good old sausage sizzle continues to be not only fun but have kept the financial wheels turning.

Quote: **ONE WOMAN CAN MAKE A DIFFERENCE BUT TOGETHER WE CAN ROCK THE WORLD.**



RANGIORA

It hasn't been an easy year with Covid-19 interruptions but despite that we have enjoyed a very happy year of friendship, service and international understanding.

Four of the Club visited Cholmondeley to deliver Easter eggs for the children to have an egg hunt. We were also able to deliver some swimming bags, toilet bags and general use bags.

Our May bottle Auction meeting was held at the home of a member when a good sum was raised. Greg Wright our auctioneer is amazing at extracting \$'s from us all and making us laugh. It wasn't safe to scratch your face - one movement of the hand, cost you. What an interesting array of bottles and contents.

We are women of action, working together to make a difference to improve lives. Our friendship stems from meeting like-minded people of all ages, and we gain satisfaction through a sense of accomplishment. Doing something worthwhile and make a contribution with opportunities to help others, locally, nationally and internationally.



RICCARTON

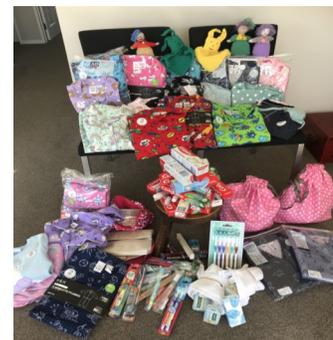
The second half of the IW year has been quite active for Riccarton with a good mixture of social and serious.

Foster Hope has been the focus for our charity contributions with a huge pile of Pygamas, toothpaste/brushes/soap etc delivered, and a craft afternoon making carry bags for children being placed in new homes. I think everyone was impressed including Ngaire Worsley who runs the charity for the Christchurch region. Knitting for Plunket and the hospital Neo-natal Unit is still popular, as is our 'Popins' where our older past members are visited each month. Age Concern afternoon teas continues its long standing Club commitment.

We have been shown how to keep on our feet with a Falls Prevention program, and been delighted to hear about Age Concern volunteer Linda Cowan and her cute little dog Lewis, visiting people living on their own.

A couple of coach trips—one to an Alpaca Farm and the other touring the peninsula with lunch at Lyttelton proved to be highlights of a different kind.

Riccarton members are delighted to be able to support incoming District Chairman. Barbara Chapman as she takes office from July this year.



STOKE TAHUNANUI

In checking our activities over the past 6 months, I note (not surprisingly) that many outings revolved around food! We do all enjoy the fellowship chatting around the table at such times. NZ Inner Wheel day in January was celebrated at the harvest Kitchen in Richmond.

We enjoyed a second visit to this café in February where we, along with Motueka Club hosted Judy our District Chairperson for lunch.

During the latter part of 2020 we visited a local soap-making enterprise and had a Christmas BB get together. We have supported Nelson Tasman Hospice, Trees of Remembrance and Parkinson's Foundation over recent months by supplying manpower at their collection points/

Last month was an enjoyable day out to visit the Riwaka Resurgence (under the Takaka Hill—in Kahurangi National Park) this involved a fabulous short bushwalk. Rain falling in the Takaka hillside goes through an underground drainage system and resurges as the source of the Riwaka River. Afterwards we met up at 'Toad Hall' in Motueka with more of our members who just came for the lunch.



ROSE DAY

R Roles
Responsibility

O Orientation

S Strategy

E Enthusiasm

Rose Day was held on Friday 16th April 2021 at the St Ninians Church Lounge in Christchurch, where District Vice Chairman Barbara Chapman greeted a happy gathering of Inner Wheel members from in an around Christchurch, eager to hear from our guest of the evening, incoming IWNZ President Michelle Atkinson.

Michelle visited each District to give an overview of plans already being progressively rolled out in readiness for the IW year ahead.

Gaining Membership was the key and we were inspired (some of us a little daunted) by her dedication and that of her team, to energise and promote our wonderful organisation to the wider community, encouraging everyone's help.

Following a delicious finger food meal with lots of chatter, groups were formed to make a large red rose, one for each Club. It was then given a name, and it's attributes chosen, eg: colour, growth pattern, thorns - to simulate our clubs being welcoming, reaching out active etc.

Our thanks to Barbara and Michelle for a very worthwhile and enjoyable evening.



Michelle and Catherine making their giant rose.

A group of ladies at another table putting together their rose and deciding on a suitable name.

A vote of thanks to Barbara for making the evening so interesting was given by Chairman Judy.

MEMBERSHIP



Congratulations to

**District NZ297 members for achieving
Highest number of new members and winning the IWNZ
Morna Moss-Wood Trophy in Queenstown**

**IW Club of Otautahi-Canterbury members
on winning the District NZ297 Membership Award**

A big welcome to Inner Wheel to our 19 new members.

During our IWNZ Conference some Clubs shared how they had been successful in gaining members. I have shared one idea below but if you look on the IWNZ website you will see more www.innerwheel.org.nz.

Success -The IW Club of Ashburton shared how they set a goal of 8 new members for the year. President Clare reminded members often to ask friends/acquaintances along to meetings or social events, and with the new social events being held throughout the year, many did bring along friends. The result was the induction of 6 new members within the 2020-21 year with 2 more likely to join early in the next couple of months.

With the start of a new Inner Wheel year, it is a great time to work with your members on setting a new club goal for Membership and to put a plan in place.



- **Goals** are the targets toward which you point
- **Goals** give you a starting point and a destination to reach
- Written **goals** help you to see where you are going and what changes you may need to make

During our recent Conference in Queenstown we heard from our keynote speakers about the need for everyone to connect to others and the increasing problem of loneliness for many in our communities. Inner Wheel is a wonderful organisation that supports and nurtures its members - we can support the women in our community by reaching out to them and inviting them into our organisation.

I am asking all Clubs to have a few members work together to look at ways of connecting with the women in your community - they need you.

Please do not hesitate to make contact with the people below if you have any questions. We are all here to help.

IWNZ Membership Facilitator: Joanne Gaudin. E: membership@iwnz.org.nz

2021-22 IWNZ Immediate Past President: Dot Anderson-Lee E: pastpresident@iwnz.org.nz

In Friendship Always - Carol Haskett

IWNZ 2020-21 Immediate Past President/NZ297 Membership Chair

MEET THE DISTRICT TEAM who will guide us through the Inner Wheel year 2021– 22



Barbara Chapman
Chairman



Diane Ladd
Vice Chairman



Judy Kingsbury
Imm. Past Chair
Membership



Helen Faulkner
Secretary



Val Morgan
Treasurer



Myra Brown
ISO



Cecile Pierce
Editor