

Robin Towersey, Look Good Feel Better Whakatane based reached out, Jean from Inner Wheel of Opotiki ran with it, the committee baked for it and anyone in Opotiki connected professionally to health, came to listen. Robin spoke in her quiet understated manner about the widely used LGFB programme. Also the dedication of the volunteers, the skill of the "match-the -makeup" team in and Auckland warehouse and the amazing give always thanks to the generosity of the fragrance and makeup companies. She spoke of the manner in which to reach out to the women and now men as well, to let them know that for two hours they can be lifted away from their challenging time in their life, to be pampered and surrounded by skilled makeup and beauty therapists. They end up looking--well Good and definitely Feel Better!

Robin emphasised that those present in the room were the grass roots for getting the message out. The guests--- pharmacists, nurses, a massage therapist and a District nurse can encourage referrals. All the recipient has to do is email their name and minor details then they will be contacted and set up with the next session.

Barbara Kelly who is the Cancer Society Liason nurse for the regions of Waikato, Coromandel, BOP. Spoke as well. She enlarged on what services had been set up for cancer patients, ie counselling, frozen meals and transport. Lots to organise over a wide area and it can all be tied in with the LGFB programme. The health professionals asked questions, enjoyed a wine or a coffee and nibbled on asparagus rolls, dips and sausage rolls. They seemed keen to help spread the word for Look Good Feel Better. It was a positive meeting and thanks go to Jean and Robin for the organisation. --- Fiona Laming (Secretary, Inner Wheel Club of Opotiki)

