



Inner Wheel South Wairarapa

Chartered 16 May 1993

President:

Alma Parr

Ph: 06 379 7766

Secretary:

Liz Poynter

Ph: 027443 1862

Treasurer

Kathleen Rushworth

Ph: 06 304 9590

October 2020 Newsletter

Hi Everyone

Wasn't it great to get together for our first dinner meeting for months! Offerings did not disappoint as the food was lovely, well prepared and presented. Alma's hard work securing a venue was well and truly rewarded.

Lyn introduced our speaker for the evening, John Bush of Henley Mens Shed, Masterton. Whoever could have thought men's stuff could be so interesting! It was quite astonishing to learn the array of activities and skill base of the organisation. Particularly geared for men who have retired and are missing the structure working provides, not to mention the company, the Mens Shed is a place "Where blokes can do what blokes do best". John summed it up. "Women talk face to face, men talk shoulder to shoulder."



Originating in the outback of Australia about 30 years ago, it has now become a global organisation. Funnily enough it was a woman's idea. Now there's a surprise! Maybe something to do with getting men out of the kitchen. It is now recognized as a mental and physical health benefit to Australian men and is funded by \$4 million annually from the health budget. As a paid employee, John supports clubs from around New Zealand where men join from all walks of life. Often members are speakers informing others about their previous vocations. The Masterton shed was the first to be purpose built in New Zealand and has been expanded five times to accommodate new activities. These include: woodwork, carpentry, cooking, gardening, toy making, canine companion walking, health support group, engineering, mentoring youth, furniture restoration, to name some.

President's Letter

Dear friends,

Hello in October, the last quarter of the year already.

With uncertainty and upheaval at home and in the wider world still swirling around us, it has been especially good to enjoy friendship and good times together in our club. There is plenty to look forward to in the next few months too. At our meeting at The Offering on the 21st, Carol Woodfield will be our special guest, a visit that we have been anticipating since last year, and then on the 30th we will meet up with our friends from IW Plimmerton at Kaitoke for the annual Walk and Talk. It is easy to forget, in this beautiful Wairarapa spring, that there are many places in the world where making plans like this simply would not be possible. We are certainly very lucky.

Looking forward to seeing you again soon

Love to you all

Alma

President

A Big Thankyou

ToMaureen Mortenson, who has kindly agreed to take over as Club Editor. I have been finding my workload getting too much lately with the additional work involved with being District Editor. Now I can look forward to receiving my newsletter and it will be a surprise. Thank you so much Maureen. I am sure you will do a wonderful job.

ISO Report (International Service Outreach) Kits for Kindies

Members brought along a lovely selection of items for Kits for Kindies. Our ISO Rosemary was very pleased but specified in detail the wide variety of goods that can be added to the BIG box we would like to fill. These will be sorted along with all the other clubs in our district at our November District Assembly.

Sales Table

We had a great selection of goods to sell last month and raised over \$45. So let's see if we can raise even more next time!

Christmas

I know I asked you last month to think about what you could contribute to the Christmas Stall on 20 December at Stella Bull Park, and at the risk of being boring, please keep it in mind. It was very successful last year. Shortbread, mince pies and special preserves were especially popular. Lemons are now no longer required for the SWDC's event.

Community Pantry

This is up and running and as I stated at our meeting a roster has been prepared so that Rotary, Lionesses and the Medical Centre each take responsibility for monitoring it. Hence it is our turn the first week of each month to give it a clean as required. And remember, all donations of fresh produce and other food will be helping those people in need.

Club Member's Story – Doreen Badger (*our very own Peta Mathias*)

I trained to be a Homecraft teacher at Auckland Teacher's College. I returned to Wellington and was appointed to my first teaching position at Kapiti College which was newly built to replace the old Raumati District High School. At that time teachers were required to do two years of country service during their first ten years so I commuted daily from Wellington by train to Paekakariki, then was driven to school by car with a couple of other members of staff. I was lucky to have been assigned to both Wairarapa College and Hutt Intermediate during my PA year with two very experienced teachers who were kind enough to help me set up the Homecraft Department as the only teacher in those subjects at Kapiti. I completed two happy years there but it was time to spread my wings. I resigned and with my flatmate friend Marion, sailed on the last voyage of the Wanganella from Wellington to Sydney planning to see something of Australia before moving on to the big OE.

We were lucky to rent a small flat in North Sydney - not the quietest area due to the excited screams nightly from riders on the big dipper when Luna Park was open opposite but we did have a good view of it and Lavender Bay. I started work as a Junior Home Economist at the head office of Nestle Australia where the Test Kitchen was part of the Advertising Department. There we developed recipes showcasing the extensive range of Nestle products, produced recipe books, prepared food for photography and television commercials.

After a couple of years I decided I wanted to return to teaching and found a position at PLC, Pymble, a private boarding and day school for girls but part way through the second year there I was offered a job with the Bread Research Institute of Australia where a new division was being established and financed by the Flour Millers Council of Australia. I stayed at PLC until the end of year exams were over before starting to work at BRI Aust. in the Consumer Education Division as Home Economist, starting up a new test kitchen for the Flour Millers Council.

This job covered much of what I had learned at Nestle, plus I was fortunate to be working with two dietitians who were experienced in working with people with food allergy and intolerance problems which led to developing recipes for them. I was also responsible for writing and developing educational materials for teachers, food styling for print and film and travelling throughout Australia to all State capitals and at least one country area in each State every year to meet and talk to bread manufacturers, students, teachers, Home Economists, and food writers as well as the general public and contributing to several cookery books and an encyclopaedia of food. This was a particularly interesting time, the Aust. Wheat Board was competing with the United States for markets in China and Japan but there was little information available then to the cereal scientists and plant breeders about the requirements for quality Asian wheat food products. China was just opening up to the West but once wheat reached Asian ports contact was lost so setting standards for wheat noodles, dumplings and pasta were investigated and implemented. We had good contact with the Middle East where the bakers from BRI travelled extensively, returning with practical knowledge of the many bread manufacturing processes, adapting blends of wheat varieties to suit different countries.

Life was busy, I was also teaching adults in the Food School at a local TAFE College for two nights a week which I thoroughly enjoyed. I had been working at BRI for thirty years and seen changes in the company structure and personnel, my husband Tom died unexpectedly, it was time to leave, so I resigned. There were new goals to set, new places to see.

Knitting Group

Some of you might have seen Country Calendar's programme about Palliser Ridge last month. Well, it inspired our knitting group to pay a visit to the shop, around 45 minutes away on a country gravel road. So worth the trip *and* the visibly dusty cars. Palliser Ridge has a mission statement:

- Empower and motivate a professional workforce
- Enhance the environment/biodiversity
- Ensure excellent animal health and welfare
- Build and maintain an efficient and tidy infra structure
- Explore opportunities for innovation
- Go the extra mile for community and industry.

And it showed. The station-owners, Marilyn and Jim Law, have diversified in a number of ways. Farm management includes wetland planting (many thousands), planting hundreds of native trees, keeping beehives for a local bee keeper, not to mention a solar powered getaway retreat! By the way, they provide some of the meat available at the Greytown Butcher!

Daughter-in-law Lisa Portas and Marilyn developed the Palliser Ridge wool business. Although we only visited the shop, we could see the woolshed furnished with numerous chairs and sofas looked inviting. There, wool dying in natural products, knitting groups who crafted beautiful garments and toys on sale in the shop, warranted at least one another visit.



Here we are clutching our lovely new wool purchases.

Pet Day

As this is my last newsletter, so I will take the liberty of sharing with you some photos of the lovely day I had at my grandsons' pet day.



Going to the grandies' Pet Day was delightful. On the right is grandson Finn with his rat, FA (short for Fat Arse). At the centre I was invited by a more innocent and younger child to look for the fairy light in his own handmade florally decorated adobe brick Fairy House. I saw it!

Informal Lunch

These are held on the last Tuesday of the month.

Diary dates

- 27.10.20** **Informal Lunch**, to be advised
- 21.10.20** **Dinner** meeting, 6 pm, Offerings is confirmed, speaker, District Chair Carol Woodfield
- 30.10.20** **Walk'n'talk with Plimmerton Club** at Kaitoki Gardens , luncheon
NB This is a Thursday.
- 6.11.20** **Registration** due for PN District Meeting
- 14.11.20** **District Meeting** Palmerston North
- 18.11.20** **AGM** at Offerings
- 2.12.20** **Christmas Function** at Brac and Bow
- 20.12.20** **Christmas Fete** Stella Bull Park **Duties**

Welcome: Alma

Grace: Lyn

Thanks: Alma

Raffle: Doreen

Best wishes, Anne



Do look at the Inner Wheel websites and FaceBook page which are full of interest and information and change all the time. **www.innerwheel.org.nz and www.internationalinnerwheel.org**