



INNER WHEEL CLUB OF INVERCARGILL

(District 298)



NEWSLETTER – OCTOBER 2020

Next Meeting

- Date:** Wednesday, 14 October 2020
- Venue:** Southland Women's Club, 194 Esk Street
- Time:** 7 pm
- Guest Speaker:** Megan Seator from the Southland District Council will speak about the types of immigrants who have come to Southland, where they come from and issues facing them.
- Cost:** \$10 per head, includes super, raffle \$2



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Websites – New Zealand www.innerwheel.org.nz International www.internationalinnerwheel.org

 Inner Wheel Club of Invercargill



Letter from President Dariel Osborne

Dear Inner Wheel Friends

What a change in seasons we are having at the moment, I'm hoping this cold snap moves away quickly!

Joan and I recently delivered the 18 children's toilet bags full of items, also a large bag of toiletry items and four woollen blankets to Invercargill Women's Refuge. They were so appreciative; it is lovely to be able to help the children during the traumatic experience they will be going through. A big thank you to our members who so generously donated items, it makes me very proud to be President of such a generous Club.

Some of you may have met Liz Hunter at our recent meetings and I will have the pleasure of inducting Liz as a new member of our Club at our October meeting, I look forward to seeing you all there.

Our next District Meeting will be in Invercargill on 28 November so please think about coming along, it is a great way to meet members of other Clubs in our District 298.

Unfortunately Yvonne is currently in hospital and we send her our love for a speedy recovery.

In friendship

Dariel



Last Club Meeting – Wednesday, 9 September 2020



The meeting began with a sales table (the photo was taken after many sales – thank you everyone) and was followed by an address from District Chairman, Jo Williamson

Up and Coming Dates to Remember!

October

- Wednesday, 7 October - meet for coffee at EAT, Windsor – **10.30 am**
- Wednesday, 14 October - Club Meeting – Southland Women's Club – **7pm**
- Wednesday, **21 October** - Committee Meeting – **5 pm** – **NOTE** this meeting is being held a week earlier than usual
- Wednesday, 28 October - Walk in the Park, meet in carpark adjacent to the Cheeky Lama Café at **10 am**, non-walkers meet in Café at **10.30 am** for cuppa



November

- Wednesday, 4 November - meet for coffee at EAT, Windsor – **10.30 am**
- Wednesday, 11 November - Club Birthday Meeting – Bliss Café, Windsor Street – **7pm**
- Wednesday, 25 November - Committee Meeting – **5 pm**
- Wednesday, 25 November - Walk in the Park, meet in carpark adjacent to the Cheeky Lama Café at **10 am**, non-walkers meet in Café at **10.30 am** for cuppa
- Saturday, 28 November - NZ298 District Meeting in Invercargill – all members invited

Future Dates

- 14 – 16 May 2021 - NZ Conference, Queenstown - www.iwnzconference.org.nz

Club Meetings - Anyone who would like a ride to our meetings please let your Committee person know when they phone you. Diane is collating the number attending the meeting and can be contacted on 217 6877 or 027 426 8925 if you need to speak to her.

Welfare - If you know of any member who is experiencing illness or family bereavement, **please let a Committee member know as it is difficult to keep up to date with everyone.** Or if you know of anyone who needs cheering up, please contact Marjorie 217 4601 or 021 0268 3804. We'd love to hear of joyful occasions as well!

Collecting Bread Tags for Charity - Please continue to collect bread tags for recycling with the proceeds going to buy wheelchairs for adults and children in South Africa. Ask your family and friends to help as well. If you would like to know more have a look at their website: breadtagsforwheelchairs.co.za.



**Children's Toilet Bags
Delivered to
Women's Refuge**
A big thank you to all
who contributed



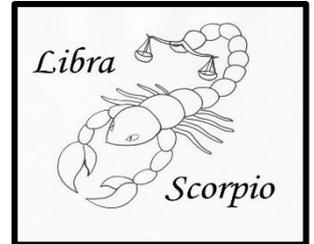


October Birthday Best Wishes to:

Raewyn McLeish-Smith 13th

The Month of October Trivia

The name October proves no more enticing than September. It simply means the 8th month! Libra and Scorpio enjoy birthdays this month. The Southern Hemisphere is enjoying April like weather while those in the north start gathering warm sweaters.



Lavosh Crackers

 recipe provided by Raewyn Wensley – thank you!

Delicious with cheese, dips etc. - practise now for Christmas!!

- 1 cup (150 g) plain flour
- 1/3 cup (50g) wholemeal plain flour
- 2 tbsp black sesame seeds
- 2 tbsp white sesame seeds
- 1 tbsp fresh or dried oregano
- 1 tsp sea salt
- 1 tsp sesame oil
- ¼ cup (60ml) extra virgin olive oil
- ½ cup (125ml) water
- 1 clove garlic, crushed
- ¼ cup (60ml) olive oil, for brushing
- Sea salt flakes for sprinkling



Pre-heat oven to 160°C (140°C fan bake). You will need 2 large backing trays.

In a large mixing bowl stir together the plain and wholemeal flours. Add sesame seeds, oregano and salt. In a separate bowl combine the oils and water together, then add to the flour mixture, stirring to form a soft flexible dough.

Divide the dough into 4. Place a large pieces of baking paper on the benchtop and lightly dust with plain flour. With a floured rolling pin roll one piece as thinly as possible into a large rectangle about 34cm x 16cm.

Cut into 10-12 long shards or whatever shape you wish (I have seen this baked in one piece and broken up once cooled). Carefully transfer the lavosh shards, together with the backing paper underneath to a prepared try. Mix the garlic with the olive oil, lightly brush over the lavosh and sprinkle with the sale flakes. Repeat with remaining pieces of dough.

Bake for 15 minutes or until the lavosh are crisp and golden. Allow to cool on wire racks. Once cool, store in an airtight container for up to 1 week.

Did you know?

- The word "set" has more definitions than any other word in the English language.
- Cranberries are sorted for ripeness by bouncing them; a fully ripened cranberry can be dribbled like a basketball.
- Donald Duck's middle name is Fauntleroy.

